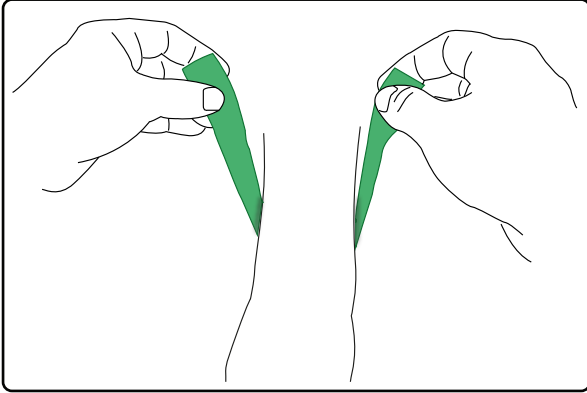
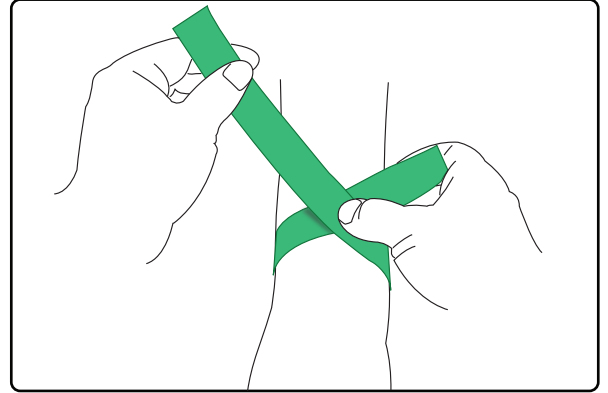


# Correct Application of Single Use Band Tourniquet

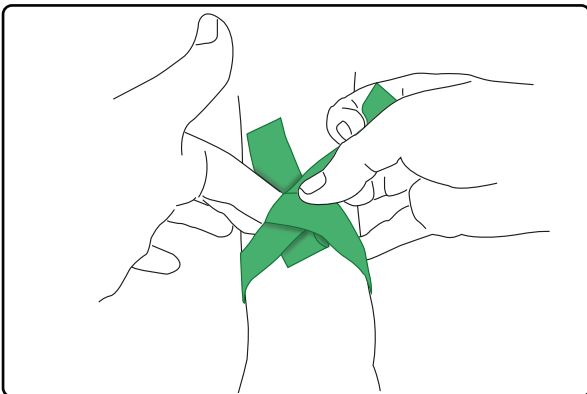
- 1 Tear one tourniquet from the roll at the perforation. **Stretch the tourniquet** and position the stretched tourniquet behind the arm, above the location where you wish to draw blood.



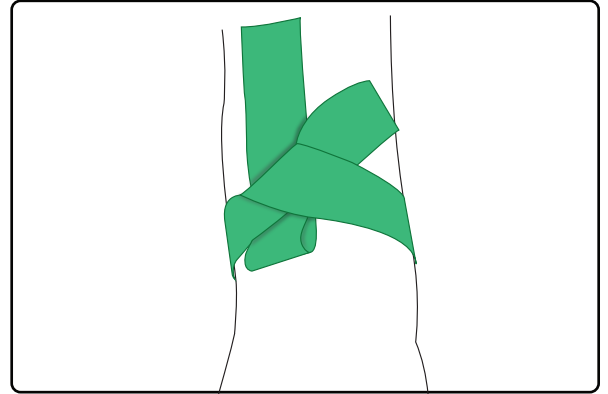
- 2 Keeping the tourniquet tightly stretched, to ensure sufficient compression, bring both sides across the arm and hold tightly where the two sides of the band meet.



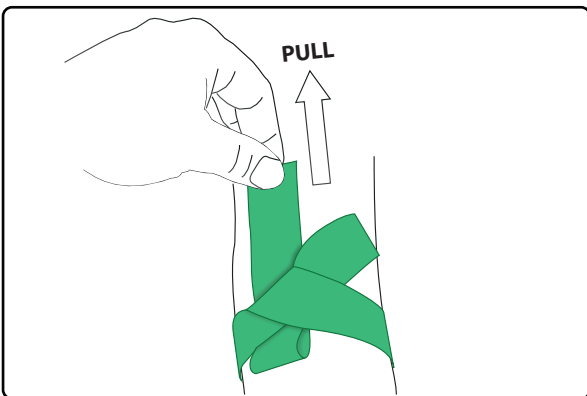
- 3 Keeping the tourniquet tightly stretched, tuck one side of the tourniquet under the other side - **DO NOT TIE INTO A KNOT**.



- 4 Remove your finger. Ensure that the ends of the tourniquet are pointing upwards (in a 'Rabbit Ears' fashion) to avoid obstructing the needle.



- 5 After the procedure has been completed, remove the tourniquet by pulling the tucked end upwards in a short rapid motion. This medical device and tie method has been designed to allow single hand release.



**Always 'tuck' the tourniquet  
Never 'tie' in a knot**

For further information, please contact:-  
Medicare Products  
T: 01708 863868  
E: [enquiries@medicareproducts.com](mailto:enquiries@medicareproducts.com)

T-BAND



Class I Medical Device

**Tuck, Don't Tie.**